

# AT&T Ameritech /SBC Retirees - We are AASBCR®

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## Blue Bulletin

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### **AT&T HRA**

As you know, every year AT&T funds a personal Health Reimbursement Account (HRA) to help AT&T Retirees and their dependents pay for individual insurance coverage and eligible out-of-pocket medical expenses.

AT&T has created an informational brochure – *AT&T HRA Guide* - which describes the features of the HRA account including how to access the account, what expenses are eligible and how to submit claims for reimbursement. You can access the *AT&T HRA Guide* by logging into the members section of the AASBCR® website located at [AT&T Ameritech / SBC Retirees - AASBCR® - Home](#) and hovering your cursor over the heading **Members** at the top right of the **Members Only Site Information** page. When you do that, you will see a drop-down menu from which you can select the *AT&T HRA Guide* brochure.

### **HRA Reimburse Me App**

The AT&T HRA is managed by Your Spending Account (YSA) a company of Alight Solutions (formerly AON Hewitt). YSA has created a *Reimburse Me* mobile app that you can download to your Apple or Android mobile device. This app makes it easy to view, access, and manage your account, get quicker reimbursements – and find answers at the doctor’s office, coffee shop and everywhere in between.

YSA has created an information brochure - *AT&T HRA Reimburse Me App* - that explains the *Reimburse Me* mobile app in detail. You can access the *AT&T HRA Reimburse Me App* brochure by logging into the members section of the AASBCR® website located at [AT&T Ameritech / SBC Retirees - AASBCR® - Home](#) and hovering

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## **CarePlus**

As many of you know, AT&T offers its retirees a supplemental benefits program called CarePlus. Your benefits under the CarePlus Program include both Expanded Services and Experimental CarePlus.

*Expanded Services* provides coverage that AT&T determines may be beneficial to participants, including services like:

- Hearing Aids
- Dental Services Provided in a Medical Care Facility
- Doula Services and Childbirth Classes

*Experimental CarePlus* is an optional supplemental medical program designed to cover specific procedures not covered under AT&T's basic medical programs. This program provides coverage for certain experimental or investigational treatments and services. Covered procedures and services are limited to those included on the Experimental CarePlus covered procedures and services list which can be found on the AT&T CarePlus website at [Experimental Careplus – AT&T CarePlus \(att.com\)](http://att.com/experimental-careplus)

To learn more about CarePlus coverage or to access the CarePlus reimbursement forms, visit the AT&T CarePlus website at [AT&T CarePlus \(att.com\)](http://att.com/careplus).

You can also download the *AT&T CarePlus Supplemental Benefit Program Summary Plan Description* (SPD) from the AASBCR® website located at [AT&T Ameritech / SBC Retirees - AASBCR® - Home](http://att.com/retirees-aasbcr-home). To access the CarePlus SPD, log into the members section and hover your cursor over the heading **Members** at the top right of the **Members Only Site Information** page. When you do that, you will see a drop-down menu from which you can select the *ATT CarePlus Supplemental Benefit Program* brochure.

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This year (2022), AT&T will charge a nominal fee for eligible retirees to enroll in CarePlus. The cost for 1 eligible individual is \$1.00 per month and the cost for 1 eligible individual plus one or more individuals increases to \$3.00 per month. You can visit the AT&T Benefits website and indicate you would like to pay for your CarePlus coverage using direct debit from your bank account or you can opt to receive a monthly bill in the mail.

If you choose to pay your CarePlus premium by mail, send your check or money order, along with the appropriate portion of your invoice, payable to AT&T Inc., to the address below. You can pay your premium monthly, or you can choose to pay the entire yearly cost (\$12.00 or \$36.00) with a single check.

Note: If you have it, please be sure to include the bottom portion of your bill in the enclosed window envelope. If you don't have your bill, be sure to make a notation on your check that it is in payment of your AT&T CarePlus premium. Send via First Class Postal Mail only. Overnight delivery and certified mail will cause manual handling and will significantly delay payment processing/posting.

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